

ΔΕΥΤΕΡΑ	ΤΡΙΤΗ	ΤΕΤΑΡΤΗ	ΠΕΜΠΤΗ	ΠΑΡΑΣΚΕΥΗ	ΣΑΒΒΑΤΟ	ΚΥΡΙΑΚΗ
	PILATES 08:45	BODY POWER 09:00		BODY POWER 09:00		
KIDS WORK OUT 17:00	BABY WORK OUT 17:00	BODY POWER 17:00	BABY WORK OUT 17:00	KIDS WORK OUT 17:00		
AYTOAMYNA MEN 18:00	BABY WORK OUT 18:00	AYTOAMYNA MEN 18:00	BABY WORK OUT 18:00	YOGA 18:00		
BODY POWER 18:00	PILATES 18:00	PILATES 18:00				
Jumble Evolution 19:00	MULTI FUNCTIONAL 19:00	ZUMBA / CARIBBEAN HIT 19:00	TABATA 18:00	MULTI FUNCTIONAL 19:00		
MULTI FUNCTIONAL 19:00	PILATES 19:00		PILATES 18:00	ZUMBA / CARIBBEAN HIT 19:00		
AYTOAMYNA GIRLS 19:30		Jumble Evolution 19:00	PILATES 20:00			
CROSS TRAINING 20:00	TABATA 20:00	CROSS TRAINING 20:00				