

ΕΒΔΟΜΑΔΙΑΙΟ ΠΡΟΓΡΑΜΜΑ " LUNA POLE DANCE ACADEMY"

	ΔΕΥΤΕΡΑ	ΤΡΙΤΗ	ΤΕΤΑΡΤΗ	ΠΕΜΠΤΗ	ΠΑΡΑΣΚΕΥΗ	ΣΑΒΒΑΤΟ
11:00						
12:00	POLE DANCE	POLE DANCE		POLE DANCE		PILATES
13:00	POLE DANCE	PILATES		FLEXIBILITY		ACRO CALISTHENICS
14:00	POLE DANCE	ACRO CALISTHENICS		POLE DANCE		
15:00						
16:00						
17:00	POLE DANCE	POLE DANCE	FREE PRACTICE	POLE DANCE	POLE DANCE	
18:00	POLE DANCE	FREE PRACTICE	POLE DANCE	FLEXIBILITY	FLEXIBILITY	
19:00	POLE DANCE	FLEXIBILITY	EXOTIC DANCE	ACRO CALISTHENICS	POLE DANCE	
20:00	EXOTIC DANCE	EXOTIC DANCE	PILATES	PILATES	FREE PRACTICE	
21:00		POLE DANCE	ACRO CALISTHENICS		POLE DANCE	